

QUOTES FROM PAST EXECUTIVE COURSE PARTICIPANTS

“Vipassana leads to clearer thinking and clear thinking is good for business.”

- *L. Freese, Vice President, Freese & Nichols, Inc., Fort Worth, TX*

“After the course, I am more tolerant, empathetic towards others.”

- *B. Houlihan, Partner, Stoll, Keenon & Park, Lexington, KY*

“I have become more efficient than ever”

- *D. Lai, President, Sun Chemical Supply Co. Ltd., Taiwan*

“The course has profoundly changed my life.”

- *M. Schaffer, President & CEO, Global Tactics, Spokane, WA*

“After the course, I have better ability to cope with stress, better concentration, and higher energy level.”

- *Previous Executive Course participant*

“I have grown in equanimity”

- *P. Gysi, Marketing Director, Switzerland*

“Am calmer, less reactive, less irritable, more focused!”

- *C. Moe, Principal, A&M Business Interior Services, St Croix, MN*

“More relaxed, do not get angry, good listener, and performance is excellent along with productivity.”

- *S. Soni, Medical Director, Northern Cancer Center, Dixon, IL*

“Most valuable thing that I learnt was that there is an ancient, simple way to achieve happiness and serenity that really works.”

- *C. McGuire, Consultant, New York, NY*

“Less stress: not attached to the actions of others, so I don't create conflict by responding negatively.”

- *S. Clute, Attorney, Richmond, VA*

“Continued improvement! Calmer in the face of client anxiety and market conditions.”

- *N. Stevens, Vice President, Sales, Reber/Russell Company, Boulder, CO*

“The most important thing that I took away from the course was surrendering to the process and letting it unfold – contrary to my business training (attack mode).”

- *N. Stevens, Vice President, Sales, Reber/Russell Company, Boulder, CO*

“Vipassana is an art of living through continuous self improvement. It has helped me immensely in adverse conditions being tolerant to others and taking action as opposed to blind reaction.”

- *R. Vaid, Partner, Pacesetter Capital*